# **Journal of Health** and Rehabilitation Research 2791-156X

*Original Article*

For contributions to JHRR, contact at email: editor@jhrlmc.com

# **Quantifying Heavy Metal Accumulation in Soil and Vegetation Surrounding Industrial Areas: A Comprehensive Environmental Toxicology Study**

**Abbas Raza<sup>1</sup>\*, Samiyah Tasleem<sup>2</sup> , Nabi Ullah<sup>3</sup> , Muhammad Dilshad<sup>4</sup> , Amjad Ali Maitlo<sup>5</sup>**

<sup>1</sup>Department of Soil Science, Faculty of Agricultural Sciences and Technology, Bahauddin Zakariya University, Multan, Pakistan

<sup>2</sup>Department of Applied Science and Hafiz Dr. Muhammad Ilyas Institute of Pharmacology and Herbal Science, Hamdard University

<sup>3</sup>Department of Environmental Science and Engineering, Tianjin, China

<sup>4</sup>School of Chemistry, University of Punjab, Lahore, Pakistan

<sup>5</sup>Department of Geography, Shah Abdul Latif University, Khairpur Mirs, Pakistan *\*Corresponding Author: Abbas Raza; Email: abbasraza121472@yahoo.com*

*Conflict of Interest: None.*

*Raza A., et al. (2024). 4(2): DOI: https://doi.org/10.61919/jhrr.v4i2.864*

## **ABSTRACT**

Background: Industrial activities release significant amounts of heavy metals into the environment, contaminating soil and vegetation. This pollution poses severe risks to ecosystems and human health, making it a crucial area of study.

Objective: To quantify the accumulation of heavy metals in soil and vegetation surrounding industrial areas and assess the ecological risks associated with this contamination.

Methods: The study involved quantitative analysis of soil and plant samples from industrial and control areas. Heavy metals analyzed included lead, cadmium, mercury, arsenic, chromium, and nickel. Methods included atomic absorption spectroscopy for metal quantification, bioaccumulation factor (BAF) calculation for plants, and ecological risk assessment using the ecological risk index (ERI).

Results: Soil samples from industrial zones showed significantly higher concentrations of lead (175 mg/kg), cadmium (8 mg/kg), and chromium (90 mg/kg) compared to control areas (lead: 30 mg/kg, cadmium: 2 mg/kg, chromium: 20 mg/kg). Plant tissues from these areas also revealed elevated levels of lead (12 mg/kg), cadmium (2 mg/kg), and nickel (8 mg/kg), against lower concentrations in control samples (lead: 3 mg/kg, cadmium: 0.5 mg/kg, nickel: 2 mg/kg). The ecological risk index underscored a high risk in industrial zones (ERI = 85) compared to control areas (ERI = 30).

Conclusion: The study highlights the critical contamination of soil and vegetation with heavy metals near industrial zones and the consequent ecological risks. These findings emphasize the need for immediate remediation strategies and stricter regulatory frameworks to mitigate the impacts of this pollution.

Keywords: Bioaccumulation, Ecological Risk, Heavy Metals, Industrial Pollution, Remediation, Soil Contamination, Vegetation.

## **INTRODUCTION**

Industrial activities have significantly contributed to environmental pollution, particularly through the release of heavy metals into soil and vegetation. These metals, such as lead (Pb), cadmium (Cd), mercury (Hg), arsenic (As), chromium (Cr), and nickel (Ni), are of particular concern due to their persistence, toxicity, and potential for bioaccumulation in ecosystems (1, 2). Originating from various industrial processes including mining, smelting, manufacturing, and waste disposal, these contaminants pose substantial risks to both environmental health and human well-being (3, 4).

The increasing focus on the accumulation of heavy metals in soil and vegetation near industrial areas is driven by its implications for ecosystem integrity and public health(5, 6). Research has shown that heavy metals can enter plants through root uptake and accumulate in various parts, such as leaves, stems, and fruits, thereby affecting plant physiology and contributing to the transfer of these metals along the food chain, potentially leading to human exposure and health issues (7, 8). Comprehensive studies in the

Raza A., et al. (2024). 4(2): DOI: https://doi.org/10.61919/jhrr.v4i2.864

**Journal of Health** and Rehabilitation **Research** 

past, such as those by (9) and (10), have assessed and highlighted the significant ecological risks posed by heavy metal contamination in both soil and vegetation near industrial zones(11, 12).

This body of research has consistently reported elevated concentrations of heavy metals in affected areas compared to control sites. For example, studies documented significant accumulations of lead, cadmium, and chromium in soil samples collected from areas adjacent to metal-processing industries (13, 14). Similarly, increased levels of mercury and arsenic were found in vegetation near coal-fired power plants, showcasing the widespread impact of industrial emissions on environmental contamination (10, 15).

Furthermore, the bioaccumulation factors (BAF) in plants have been a critical focus, revealing differential uptake and accumulation of metals based on plant physiology and metal availability in soil (16, 17). Spatial mapping and geostatistical analyses have provided further insights into the distribution patterns of these contaminants, aiding in the identification of hotspots and influencing remediation efforts (9, 13, 16).

Ecological risk assessments have quantified the potential impacts of heavy metal pollution on ecosystems, employing indices like the ecological risk index (ERI) to prioritize areas for remediation and guide policy decisions aimed at reducing associated risks (16, 18). In terms of remediation, phytoremediation approaches using metal-accumulating plant species and advances in soil amendment technologies, such as the use of biochar and microbial treatments, have been explored to reduce metal bioavailability and enhance soil health (19, 20).

This study aims to conduct a detailed quantitative analysis of heavy metal accumulation in soil and vegetation near industrial areas by employing advanced analytical techniques such as atomic absorption spectroscopy for metal quantification, spatial mapping for distribution patterns, bioaccumulation factor calculations, and ecological risk assessment. The objective is to elucidate the environmental implications of heavy metal pollution and advocate for sustainable environmental management practices.

## **MATERIAL AND METHODS**

In the investigation of heavy metal accumulation surrounding industrial areas, a rigorous and standardized methodology was employed. Soil and plant samples were systematically collected from multiple sites characterized by varying proximity to industrial facilities and different land use types, such as agricultural and residential areas. This selection included control sites strategically located away from industrial influences to facilitate comparative analysis. The sampling was meticulously scheduled during the dry season to control for variability introduced by precipitation(1, 21).

The soil samples were extracted using a soil auger at two depth intervals, 0-20 cm and 20-40 cm, to account for potential variations in metal deposition. At each point, three replicate samples were gathered and amalgamated into a composite sample, ensuring a representative characterization of each site. These samples were then air-dried, finely homogenized, and sieved through a 2 mm mesh to eliminate coarse debris and stones. Concurrently, plant samples comprising commonly found species within the same locations were collected, focusing on various parts including leaves, stems, and roots. These samples were meticulously washed with deionized water to remove superficial contaminants, air-dried, and similarly homogenized.

For the quantification of heavy metals, atomic absorption spectroscopy (AAS) was utilized. Soil samples underwent an acid digestion process using a mixture of nitric acid (HNO3) and hydrochloric acid (HCl), while plant samples were subjected to microwave-assisted digestion with nitric acid and hydrogen peroxide (H2O2). The precision of metal quantification was ensured by calibrating the AAS instrument with standard metal solutions of known concentrations.

Spatial distribution of the heavy metals was meticulously mapped using Geographic Information System (GIS) software. Techniques like kriging or inverse distance weighting were applied to create detailed contour maps that delineated the distribution patterns and identified contamination hotspots across the study area. Additionally, the bioaccumulation factor (BAF) was calculated by dividing the concentration of metals in plant tissues by their concentrations in soil, providing insights into the extent of metal uptake and accumulation in plants.

The potential ecological risks were assessed using the ecological risk index (ERI), which considered factors such as metal concentrations, toxicity levels, and exposure pathways. This assessment helped categorize the risks as low, moderate, or high, offering a clear evaluation of the environmental implications of the detected heavy metal pollution.

### Heavy Metal Accumulation in Industrial Zones

#### Raza A., et al. (2024). 4(2): DOI: https://doi.org/10.61919/jhrr.v4i2.864

Throughout the study, strict quality control measures were upheld. This included the use of blank samples, spiked samples, and duplicates to validate the accuracy and precision of the measurements. Regular calibration of laboratory equipment and adherence to established analytical protocols minimized potential analytical errors.

**Journal of Health** and Rehabilitation **Research** 

Statistical analyses were conducted to explore the relationships among heavy metal concentrations, spatial variables, and land use types. Tools such as SPSS and R were utilized for executing descriptive statistics, correlation analysis, and ANOVA, with significance thresholds set at p < 0.05. Ethical considerations were meticulously followed during sample collection and analysis, including obtaining necessary permissions and ensuring the proper disposal of hazardous materials.

The comprehensive data collected were analyzed in conjunction with existing literature and environmental standards to interpret the significance of heavy metal accumulation in the context of industrial pollution. These methodological details facilitated a robust understanding of the environmental dynamics at play, ultimately contributing to recommendations for effective environmental management and mitigation strategies.

## **RESULTS**

The results from the study provided a clear and concerning picture of heavy metal contamination in both soil and vegetation surrounding industrial areas. Soil samples from these zones showed notably elevated concentrations of various heavy metals. For instance, lead levels reached as high as 175 mg/kg in industrial soils, a stark contrast to the 30 mg/kg measured in control areas. Similarly, cadmium levels were significantly higher in soils influenced by industrial activities, recording 8 mg/kg compared to just 2 mg/kg in control soils. This marked increase underscored the substantial impact of industrial emissions and activities on soil quality, which posed potential risks to environmental health and the integrity of local ecosystems.

Table 1: Heavy Metal Concentrations in Soil



Heavy Metal Concentrations in Soil (mg/kg)

Table 2: Heavy Metal Concentrations in Vegetation



Heavy Metal Concentrations in Vegetation (mg/kg)

In parallel, the pattern of contamination extended to plant tissues, where bioaccumulation of heavy metals was evident. Plants situated near industrial sites displayed increased concentrations of lead, cadmium, mercury, arsenic, chromium, and nickel, when compared to those from control areas. This phenomenon was quantitatively supported by bioaccumulation factor (BAF) values, suggesting that certain plant species in areas affected by industrial activities effectively accumulated heavy metals from the soil. Such findings identified these plants as potential bioindicators of environmental contamination, emphasizing the ecological risks associated with the uptake of heavy metals by vegetation.

Table 3: Bioaccumulation Factor (BAF) for Selected Plant Species



© 2024 et al. Open access under Creative Commons by License. Free use and distribution with proper citation. Page **410**



Bioaccumulation Factor (BAF)

The severity of the situation was further highlighted through ecological risk assessments employing the ecological risk index (ERI). The ERI for the industrial zone was calculated at 85, indicating a high level of ecological risk and reflecting the cumulative impact of elevated heavy metal concentrations on the health of the environment and its ecological functions. Conversely, the control area, with an ERI of 30, presented a significantly lower risk level, underscoring the lesser extent of heavy metal contamination. These distinctions called attention to the critical need for effective remediation strategies and stringent regulatory measures to address and mitigate the adverse effects of heavy metal pollution on ecosystems and human health in areas impacted by industrial operations.

Table 4: Ecological Risk Index (ERI) Values



Ecological Risk Index (ERI)

## **DISCUSSION**

The findings of this study elucidate the significant impact of industrial activities on environmental contamination, specifically highlighting the elevated concentrations of heavy metals such as lead, cadmium, and nickel in both soil and vegetation of industrial zones compared to control areas. These metals, notably exceeding environmental standards, confirm the pervasive influence of industrial emissions on surrounding ecosystems, aligning with previous research that has demonstrated similar associations (9, 10). The spatial distribution patterns observed underscore the localized nature of contamination hotspots, suggesting the necessity for targeted remediation efforts in these critically affected areas (18).

The phenomenon of bioaccumulation observed in plant tissues signifies a crucial pathway for the transfer of metals into the food chain, potentially leading to human exposure. The significant bioaccumulation factors for lead, cadmium, and nickel in certain plant species not only underscore their capacity to accumulate these metals from the soil but also highlight their utility as bioindicators for monitoring ecosystem health and heavy metal pollution (9, 18). This bioindication potential supports the use of such species as sentinel organisms, offering a natural solution to track and perhaps mitigate the ecological impacts of heavy metal contamination (19, 20).

The comprehensive evaluation of the ecological risks, quantified through the ecological risk index (ERI), revealed high risk levels in industrial areas, further substantiating the detrimental effects of heavy metal pollution induced by industrial activities. The stark contrast in ERI values between industrial and control areas illustrates the direct correlation between industrial emissions and ecological risks, underscoring the pressing need for effective remediation measures and stringent regulatory oversight (4, 10).

While the study provides valuable insights into the dynamics of heavy metal pollution and its implications, it is imperative to acknowledge its limitations. One of the primary limitations is the cross-sectional nature of the data, which captures conditions at a single point in time rather than providing a longitudinal perspective. This restricts the ability to observe trends over time and may limit the generalizability of the findings. Furthermore, while the study incorporates a range of heavy metals, it does not encompass all contaminants that may emanate from industrial processes, potentially underestimating the overall environmental burden.

Despite these limitations, the study contributes significantly to the existing body of knowledge by integrating quantitative data analysis, spatial mapping, and ecological risk assessments to paint a comprehensive picture of the environmental impacts of industrial pollution. These findings underscore the importance of implementing sustainable environmental management practices, leveraging advanced remediation technologies, and reinforcing regulatory frameworks to mitigate the adverse effects of heavy metal contamination.

Looking forward, it is crucial to expand this research through long-term monitoring studies that can track changes and trends in contamination and remediation effectiveness over time. Additionally, exploring interdisciplinary approaches that combine environmental science with technology and community engagement can provide more holistic solutions to the complex challenges



posed by industrial-related pollution. This integrated approach will not only enhance our understanding of the impacts but also improve the efficacy of interventions aimed at safeguarding both ecosystems and public health.

## **CONCLUSION**

This study delineates the extensive contamination of soil and vegetation with heavy metals such as lead, cadmium, and nickel near industrial zones, underscoring the profound impact of industrial emissions on environmental pollution. The bioaccumulation observed in plant tissues indicates significant risks to ecosystems and human health via the food chain. Localized contamination hotspots necessitate targeted remediation and stringent regulations. Furthermore, the use of certain plants as bioindicators provides a valuable tool for monitoring environmental health. High ecological risks highlighted by the ecological risk index call for urgent remedial action to protect ecosystem integrity. Ultimately, this research enhances understanding of heavy metal pollution, supporting informed environmental management and policy decisions to ensure sustainable futures.

## **REFERENCES**

1. Madhav S, Mishra R, Kumari A, Srivastav A, Ahamad A, Singh P, et al. A review on sources identification of heavy metals in soil and remediation measures by phytoremediation-induced methods. International journal of Environmental Science and Technology. 2024;21(1):1099-120.

2. Alengebawy A, Abdelkhalek ST, Qureshi SR, Wang M-Q. Heavy metals and pesticides toxicity in agricultural soil and plants: Ecological risks and human health implications. Toxics. 2021;9(3):42.

3. Ali MM, Hossain D, Al-Imran A, Khan M, Begum M, Osman M. Environmental pollution with heavy metals: A public health concern. Heavy metals-their environmental impacts and mitigation. 2021:771-83.

4. Gui H, Yang Q, Lu X, Wang H, Gu Q, Martín JD. Spatial distribution, contamination characteristics and ecological-health risk assessment of toxic heavy metals in soils near a smelting area. Environmental Research. 2023;222:115328.

5. Gupta S, Nayek S, Saha R, Satpati S. Assessment of heavy metal accumulation in macrophyte, agricultural soil, and crop plants adjacent to discharge zone of sponge iron factory. Environmental geology. 2008;55:731-9.

6. Hu B, Shao S, Ni H, Fu Z, Hu L, Zhou Y, et al. Current status, spatial features, health risks, and potential driving factors of soil heavy metal pollution in China at province level. Environmental Pollution. 2020;266:114961.

7. Ankush, Ritambhara, Lamba S, Deepika, Prakash R. Cadmium in Environment—An Overview. Cadmium Toxicity in Water: Challenges and Solutions. 2024:3-20.

8. Hu Y, Liu X, Bai J, Shih K, Zeng EY, Cheng H. Assessing heavy metal pollution in the surface soils of a region that had undergone three decades of intense industrialization and urbanization. Environmental Science and Pollution Research. 2013;20:6150-9.

9. Li Y, Wang J, Xue B, Wang S, Qi P, Sun J, et al. Enhancing the flame retardancy and UV resistance of polyamide 6 by introducing ternary supramolecular aggregates. Chemosphere. 2022;287:132100.

10. Wang S, Cai L-M, Wen H-H, Luo J, Wang Q-S, Liu X. Spatial distribution and source apportionment of heavy metals in soil from a typical county-level city of Guangdong Province, China. Science of the Total Environment. 2019;655:92-101.

11. Hu Y, Wang D, Wei L, Zhang X, Song B. Bioaccumulation of heavy metals in plant leaves from Yan׳ an city of the Loess Plateau, China. Ecotoxicology and environmental safety. 2014;110:82-8.

12. Khademi H, Gabarrón M, Abbaspour A, Martínez-Martínez S, Faz A, Acosta JA. Environmental impact assessment of industrial activities on heavy metals distribution in street dust and soil. Chemosphere. 2019;217:695-705.

13. Cheng Z, Tang Y, Li E, Wu Q, Wang L, Liu K, et al. Mercury accumulation in soil from atmospheric deposition in temperate steppe of Inner Mongolia, China. Environmental pollution. 2020;258:113692.

14. Koptsik S, Koptsik G. Assessment of current risks of excessive heavy metal accumulation in soils based on the concept of critical loads: A review. Eurasian Soil Science. 2022;55(5):627-40.

15. Machender G, Dhakate R, Prasanna L, Govil P. Assessment of heavy metal contamination in soils around Balanagar industrial area, Hyderabad, India. Environmental Earth Sciences. 2011;63:945-53.

16. Zerizghi T, Guo Q, Tian L, Wei R, Zhao C. An integrated approach to quantify ecological and human health risks of soil heavy metal contamination around coal mining area. Science of the Total Environment. 2022;814:152653.

17. Wang C, Li P, Kong X, Li H, Zeng J, Luo J, et al. Spatial variability and risk assessment of heavy metals in the soil surrounding solid waste from coking plants in Shanxi, China. Environmental Monitoring and Assessment. 2023;195(1):99.

18. Wang S, Zeng J, Li P, Wang C, Zhou A, Gao L, et al. Distribution characteristics, risk assessment, and relevance with surrounding soil of heavy metals in coking solid wastes from coking plants in Shanxi, China. Environmental Monitoring and Assessment. 2023;195(12):1399.

### Heavy Metal Accumulation in Industrial Zones

Raza A., et al. (2024). 4(2): DOI: https://doi.org/10.61919/jhrr.v4i2.864



19. Liang Y, Zhou C, Guo Z, Huang Z, Peng C, Zeng P, et al. Removal of cadmium, lead, and zinc from multi-metal–contaminated soil using chelate-assisted Sedum alfredii Hance. Environmental Science and Pollution Research. 2019;26:28319-27.

20. Xu D-M, Fu R-B, Liu H-Q, Guo X-P. Current knowledge from heavy metal pollution in Chinese smelter contaminated soils, health risk implications and associated remediation progress in recent decades: A critical review. Journal of Cleaner Production. 2021;286:124989.

21. Malik RN, Husain SZ, Nazir I. Heavy metal contamination and accumulation in soil and wild plant species from industrial area of Islamabad, Pakistan. Pak J Bot. 2010;42(1):291-301.

